

Neuralli™ from Bened Life:

Managing neurological conditions from the gut.

Neuralli is a medical probiotic for the dietary support of neurological conditions such as ASD. It contains the unique, neurologically active probiotic *L. plantarum* PS128, which can help your microbiome support a healthy mind and mood.



A neurologically active probiotic at clinical strength

Backed by clinical science – Three clinical studies of the probiotic in Neuralli, conducted with autistic people, have been published by three different research groups. They each found improvements in key areas such as anxiety, communication, social cognition and personal autonomy in many study participants.

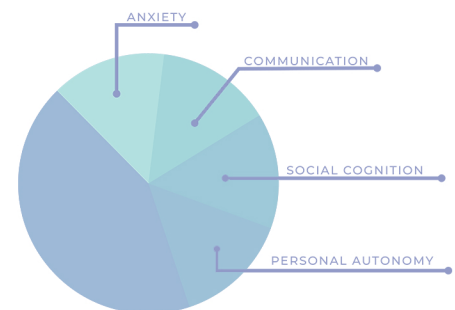
The mighty microbiome - The trillions of microbes inside your gut play a crucial role in healthy gastrointestinal function and also in your overall health. Scientists have long known about the link between gut bacteria, inflammation, and the immune system. Now we know that a healthy microbiome can also lead to a healthier brain.

The gut-brain connection - *L. plantarum* PS128 in Neuralli has neurological health benefits without ever leaving the inside of your gut. PS128 appears to influence the amount of “happy hormones” like serotonin and dopamine that gut cells produce. Those molecules travel via the bloodstream and nerves to the brain where they can positively affect attention span and/or a sense of well-being.

Three clinical studies

Two randomized double-blind placebo-controlled clinical studies have been conducted with PS128 in people with autism¹⁻², and additional studies are ongoing. Results showed statistically significant reductions in anxiety, as well as improvements in attention, social cognition, and opposition/defiance behavior in the PS128 group compared with placebo.

In a six-month “real-world study”³, 77% of participants taking PS128 reported improvement, including increased shared attention, communication skills and personal autonomy.



IMPROVEMENTS IN KEY AREAS

Neuralli Quick Facts

1. Take two capsules of Neuralli per day with water. If needed, capsules can be opened, and the contents mixed with cold water or cold food.
2. We recommend taking Neuralli under the supervision of a healthcare professional, as part of your wellness management plan.
3. Neuralli is best kept in a cool, dry place away from direct sunlight. For best results, keep Neuralli in the refrigerator.
4. No allergic reactions have been observed in any clinical trials to date, and Neuralli is free of common allergens such as gluten, nuts, and dairy.
5. Minor adverse effects such as gas, bloating, or changes in bowel movements are common when first taking a new probiotic. If they occur, symptoms should resolve within a few days. Consult with your health care provider if symptoms do not go away within 1-2 weeks.



Ready to try Neuralli?
Purchase online at
[benedlife.com](https://www.benedlife.com)

CONTACT EMAIL FOR QUESTIONS:
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References:

1. Liu YW, Liong MT, Chung YE, et al. Effects of Lactobacillus plantarum PS128 on children with autism spectrum disorder in Taiwan: A randomized, double-blind, placebo-controlled trial. *Nutrients*. 2019;11(4):820. doi: 10.3390/nu11040820.
2. Kong XJ, Liu J, Liu K, et al. Probiotic and oxytocin combination therapy in patients with autism spectrum disorder: A randomized, double-blinded, placebo-controlled pilot trial. *Nutrients*. 2021;13(5):1552. doi: 10.3390/nu13051552.
3. Mensi MM, Rogantini C, Marchesi M, et al. Lactobacillus plantarum PS128 and other probiotics in children and adolescents with autism spectrum disorder: A real-world experience. *Nutrients*. 2021;13(6):2036. doi: 10.3390/nu13062036.